Lessons Learned from the Canadian Experience: Supported Decision-Making Models

The Supported Decision-Making Webinar Series

Presented by
Quality Trust for Individuals with Disabilities
Burton Blatt Institute
Autistic Self Advocacy Network

March 26, 2014

Today’s Webinar

• Introduction – Tina Campanella, Quality Trust
• Panel
  – Michael Bach, Canadian Association for Community Living
  – Peter Park, Advocate for Persons with Intellectual Disability
  – Lana Kerzner, Barrister and Solicitor
• Reactor – Samantha Crane, Autistic Self Advocacy Network
• Questions and Answers

Supported Decision Making

Evolution of an idea and Canadian experience

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Outline

- What is the right to decide and why does it matter
- UN Convention and the Right to Decide
- Main idea
  - Legal capacity and mental capacity
  - A new formula for legal capacity
  - Ways of exercising legal capacity
- Supported decision making – what it is, how does it work
- Law reform agenda

Legal Capacity Defined by the U.N.

legal capacity = the “capacity and power to create, modify or extinguish legal relationships”

What kinds of decisions matter to you?
The law identifies 3 main kinds

- Health Care Decisions
- Financial/Property Decisions
- Personal Life Decisions (where to live, relationships, participation, access, employment, sexuality, mobility and supports)

The problem with the law:
Requires some professionals and courts to make a ‘finding of incapacity’ and takes away the right to make decisions because of that label.

How does the law do that?
The usual formula for legal capacity
What is ‘Mental capacity’:

On his/her own, or ‘independently’, an adult can:

- Understand information needed to make the decision
- Retain the information
- Appreciate the consequences
- Communicate the decision in ways others understand

4 important bits

1. We have the **right to make our own decisions** (autonomous decision-making)

   – Article 12(2) CRPD
2 States have an **obligation to provide supports** (where needed) to help someone exercise legal capacity.

   - Article 12(3) CRPD

3 Safeguards - Article 12(4)

Protection against **exploitation, violence and abuse** - Article 16 CRPD

4 “Accommodations” (adjustments) – Article 5(3)
Article 12 says we need other ways to recognize and support the right to legal capacity:

Not just ‘mental capacity’

Can Express Will and Preferences to Others

- people you trust and who are committed to you

Being known by others as a full person
A new formula for legal capacity

- individual will and preferences
- unique decision-making abilities
- supports
- accommodation
- equal legal recognition

Capability to make decisions

In the formula...
- Legal capacity = 'mental capacity'
- What a person wants, their hopes and plans is at the centre
- Focus is on supports and accommodation
- When people have different ideas about what a person might want, they talk to figure out the 'best interpretation of your will and preference', not 'best interests'

Ways to Exercise Legal Capacity

- Independent
- Supported
- Representative
- Facilitated
Supported decision making Network...

• A group of trusted others to assist in:
  – Expressing will and preferences
  – Making and acting on decisions

Appointing supporters

• By myself
• When I am not able, others apply to be my supporters on the basis of trust, personal knowledge and commitment

Types of support

• Decision-making supporters
• Peer support
• Communication assistance – interpreters
• Plain language, alternate formats
• Independent advocates
Types of accommodation

For example:
- More time (by a doctor or financial institution) to make a decision
- Duty to provide information, plain language
- Including your supporters in the decision-making process

A new approach

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<thead>
<tr>
<th>From</th>
<th>To</th>
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<tbody>
<tr>
<td>A ‘presumption of capacity’</td>
<td>A presumption to act independently</td>
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<tr>
<td>Capacity assessment</td>
<td>Assessing need for supports and ‘alternative course of action’</td>
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<td>Detention</td>
<td>Exploration of alternatives</td>
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<td>Finding of incapacity</td>
<td>Finding of need for support</td>
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<td>Substitute decision making</td>
<td>Supported decision making and power to appoint</td>
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<td>Best interest test</td>
<td>Best interpretation of will and preference</td>
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What are we calling for?
- Recognize right to supports in decision making and government duty to establish
- **Prohibition** on findings of incapacity, substitute decision making and detention where alternatives exist
- **Legal Obligation** to explore alternatives
- Duty of ‘third parties’ – doctors, banks to accommodate
- Rights advisors in mental health system
- Government duty to establish supports
Supported Decision-Making in Canada: Legislative Approaches and Lessons Learned
Prepared For Supported Decision-Making Webinar
March 26, 2014
Lana Kerzner
Barrister and Solicitor

Decision-Making ‘Players’
- Individual decision-maker
- Supporters of individual
- Third parties – individuals who interact with the decision-maker
  Example: health care providers; financial institutions; parties to contracts
- State

Legal Recognition - Requirements
For Supported decision-making to be a reality, laws must address the roles of each of the 4 players
Canada’s Laws

• Legal recognition of:
  – Supporters
  – Role for third parties
• Alternative Course of Action to Guardianship

Canada’s Laws

• Legal recognition is not full nor the same across all of Canada
• Canada's guardianship and decision-making laws differ in each jurisdiction (province/territory)
• Not all jurisdictions recognize supporters

Legal Recognition of Supported Decision-Making

• Contained in decision-making legislation
• Only in some jurisdictions
• Mechanisms are not the same in each jurisdiction
• Some form of such recognition in:
  – Alberta, British Columbia; Manitoba; Saskatchewan; Yukon
Legal Recognition of Supporters - Types

1. Supported Decision-Making Planning Documents
   - Individual chooses and appoints supporters

2. Co-Decision-Making
   - Supporters appointed by court

Legal Duties of Third Parties: Duty to Accommodate

- Contained in human rights laws
- Not specific to decision-making
- Duty to accommodate
  - Duty to take proactive steps to ensure that services are provided without discrimination to people with disabilities

Duty to Accommodate

- Duties on service providers such as health professionals, financial institutions and lawyers
- No finite list
- Individualized to person
- Examples: plain language material; extra time to process information; accepting role of support people in decision-making process
Alternative Course of Action to Guardianship

- In Guardianship legislation in many Canadian jurisdictions
- Court prohibited from appointing a guardian if an alternative course exists
- Alternative course may include
  - Supports and supported decision-making arrangements
  - Powers of attorney

Lessons from Canadian Experience

Essential Features to transform Law to Reality

- Broad education and awareness
- Comprehensive coverage – to take account of different ways in which people make decisions
- Guiding principles
- State role – address needs of people who don’t have supports
- safeguards

A Few Resources